



## João Manuel Reis Caseiro Alves Pereira

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**Date of birth:** 09/11/1986 | **Nationality:** Portuguese | **Phone number:**

(+351) 966853461 (Mobile) | **Email address:** [joao\\_caseiro@hotmail.com](mailto:joao_caseiro@hotmail.com) |

**Address:** Rua de Júlio Dinis, 121 81, 4050-323, Porto, Portugal (Home)

### ● WORK EXPERIENCE

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01/01/2022 – CURRENT Penafiel, Portugal

**CHILD AND ADOLESCENT PSYCHIATRY CONSULTANT** CENTRO HOSPITALAR DO TÂMEGA E SOUSA

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- Community Child and Adolescent Psychiatry
- OCD and Tic Disorders Clinic
- General Psychiatry and Child and Adolescent Psychiatry residents supervisor

09/10/2018 – 31/12/2021 Coimbra, Portugal

**CHILD AND ADOLESCENT PSYCHIATRY CONSULTANT** CENTRO HOSPITALAR E UNIVERSITÁRIO DE COIMBRA

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- Coordinator of the Liaison Child and Adolescent Psychiatry Unit
- Child and Adolescent Psychiatry Emergency room (18 hours/week)
- General Psychiatry and Child and Adolescent Psychiatry residents supervisor

17/07/2018 – 08/10/2018 Porto, Portugal

**CHILD AND ADOLESCENT PSYCHIATRY CONSULTANT** CENTRO HOSPITALAR DO PORTO

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29/04/2021 Viseu, Portugal

**FORENSIC CHILD AND ADOLESCENT PSYCHIATRY EXPERT WITNESS** INSTITUTO NACIONAL DE MEDICINA LEGAL E CIÊNCIAS FORENSES

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01/01/2013 – 31/12/2018 Porto, Portugal

**CHILD AND ADOLESCENT PSYCHIATRY RESIDENT** CENTRO HOSPITALAR DO PORTO

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- General Psychiatry - 9 months, Hospital Magalhães Lemos
- Infant and Early Childhood Psychiatry - 9 months
- Childhood Psychiatry - 9 months
- Adolescent Psychiatry - 12 months
- Liaison Child and Adolescent Psychiatry - 6 months
- CAMHS - 3 months, Lincolnshire Partnership NHS Foundation Trust
- Neuropediatrics - 3 months
- Pediatrics - 3 months
- Addictive Behaviours Clinic - 3 months, SICAD
- Forensic Psychiatry - 2 months, INMLCF
- Violence Prevention - 1 month, CHUC

01/01/2012 – 31/01/2012 Coimbra, Portugal

**GENERAL RESIDENCY** CENTRO HOSPITALAR E UNIVERSITÁRIO DE COIMBRA

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## ● EDUCATION AND TRAINING

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01/01/2016 – CURRENT Porto, Portugal

**PHD IN BIOMEDICAL SCIENCES** Instituto de Ciências Biomédicas Abel Salazar - Universidade do Porto

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**Website** [www.icbas.up.pt](http://www.icbas.up.pt) | **Field of study** Organizational Culture | **Level in EQF** EQF level 8 | **Type of credits** ECTS |

**Number of credits** 240 |

**Thesis** Silo mentality in the healthcare services: Impact on the organization, employees and customers

01/10/2015 – 31/07/2017 Porto, Portugal

**MASTER IN HEALTH CARE ECONOMICS AND MANAGEMENT** Faculdade de Economia - Universidade do Porto

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**Website** [www.fep.up.pt](http://www.fep.up.pt) | **Field of study** Health Economics, Health Management | **Final grade** 16 / 20 |

**Level in EQF** EQF level 7 | **Type of credits** ECTS | **Number of credits** 180 |

**Thesis** Mentalidade de silo nos serviços de saúde

01/10/2005 – 11/09/2011 Porto, Portugal

**INTEGRATED MASTERS DEGREE IN MEDICINE** Instituto de Ciências Biomédicas de Abel Salazar

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**Website** [www.icbas.up.pt](http://www.icbas.up.pt) | **Field of study** Medicine | **Final grade** 15 / 20 | **Level in EQF** EQF level 7 |

**Type of credits** ECTS | **Number of credits** 360 |

**Thesis** Importância do gene HLA-DRB1 nos pacientes com artrite reumatoide do norte de Portugal: Estudo genético, radiológico e serológico

01/10/2011 – 30/06/2015 Coimbra, Portugal

**BACHELOR IN ECONOMICS** Faculdade de Economia - Universidade de Coimbra

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**Website** [www.fe.uc.pt](http://www.fe.uc.pt) | **Field of study** Economics | **Final grade** B | **Level in EQF** EQF level 6 | **Type of credits** ECTS |

**Number of credits** 180

2015 – 2017 Portugal

**COGNITIVE BEHAVIOURAL THERAPIST** Associação Portuguesa de Terapias do Comportamento

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- CBT supervision with Prof. Maria do Céu Salvador, 2016 - 2017
- Pos-graduação psicoterapias cognitivo-comportamentais avançadas, CESPU, 2016
- Pós-graduação em psicoterapias cognitivo-comportamentais da infância e adolescência, INSPSIC, 2015

**Website** [www.aptc.org.pt](http://www.aptc.org.pt) | **Field of study** Cognitive Behavioural Therapist

## ● LANGUAGE SKILLS

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Mother tongue(s): **PORTUGUESE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● ADDITIONAL INFORMATION

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### LANGUAGE CERTIFICATE

2009  
Cambridge Certificate of Proficiency in English

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### PUBLICATIONS

[Psychosexual education and training for adolescents with autism specter disorder: A systematic review](#)

- 2022

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[Sintomatologia psiquiátrica como manifestação primária de esclerose múltipla pediátrica: Revisão sistemática da literatura](#)

- 2020

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[Is silo mentality relevant in healthcare? The healthcare professional's view](#) - 2019

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[Silos mentality in healthcare services](#) - 2018

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[Child maltreatment and mental disorders: The role of epigenetics](#) - 2018

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[The influence of socio-cultural features in the contents of delusions, football delusion: Two Clinical cases](#)

- 2018

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[Dual training as clinician-scientist in child and adolescent psychiatry: Are we there yet?](#) - 2018

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[First manic episode in a patient with a frontal meningioma](#) - 2016

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### FURTHER LEARNING

2017  
International Association for Child and Adolescent Psychiatry and Allied Professions 6th Helmut Renschmidt Research Seminar

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2017  
European Society for Child and Adolescent Psychiatry Research Academy

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2017  
European College of Neuropsychopharmacology School of Child and Adolescent Neuropsychopharmacology

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2015  
Leadership and Professional Skills Course with Professores Norman Sartorius and Professor Sir David Goldberg

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### VOLUNTEERING

2018 - 2022  
JM REY'S IACAPAP e-Textbook of Child and Adolescent Mental Health translation to Portuguese team

Link <https://iacapap.org/portuguese.html>